

Osh Internationale medical university
Kyrgyzstan
Osh city
723500
Street Sabirova 2



INFORMATION HANDBOOK



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General information

We are pleased to greet you at **Osh Internenional Medical University**, the education- al flagship in Kyrgyzstan and a classical international university, which is a mem- ber of Shanghai Association of Univer- sities.

The **Osh Internenional Medical University** is the youngest unit of higher professional education in Osh IMU. Expedient and timely decision on establishment of the faculty was taken in the Academic Coun- cil of August 29, 2015.

Faculty Targets:

- To educate highly qualified medical specialists who are on high demand on labor markets of foreign countries and in Kyrgyz Republic, with competencies to carry out independent profes- sional, scientific and research activities to prepare competitive and highly intelligent profession- als with excellent abilities for self -development.
- To internationalize the national medical education.
- To establish partnerships with educational institutes of foreign countries for creating opportuni- ties for students to participate in exchange programs and create networks, strengthening Universi- ty status on international level.

- To enter the system of interna- tional scientific, informational and communicational space and also the group of leaders of main medical educational centers of our region.

Language of instruction on the faculty is English. There are 8 chairs and more than 200 academicians, including assis- tant professors and professors, among them-honored workers of Education, Science and Health of the Kyrgyz Republic. We will do our best efforts for our faculty students to get high-quality and internationally recog- nized education.

With sincere respect,

Osh Internenional Medical University
team

Advices for Students

- Be patient, to be doctor is long way
- Be more polite to each other
- Say Excuse me if you hurt someone accidentally
- Say Hello to each other and to teachers
- Don't take chewing gum beside teachers
- Take your passport with you every day
- Don't go out single, try to find friends
- Don't go out at night after 20:00 o'clock
- Don't drink alcohol.
- Don't smoke cigarette at University
- Take bath every day and after praying to fire, it is smell is not good for us. Especially if you will go on bus or other social places
- On bus give your place to old people
- Don't throw unnecessary trash on street, try to find trash box
- Wear clean clothes, iron it
- Don't wear clothes with hole on it
- Don't argue with each other, forgive your friend
- Don't take knife with you, it is forbidden
- Give true information to police
- Don't give party at lesson time
- Meat is useful for our immunity, get used to eat it
- When you are flu take with you handkerchief and mask.
- Your white coat must be clean and ironed.
- Learn how to put white coat to your bag
- You must have individual notebook to each lesson
- Winter is cold here so be ready and buy warm clothes
- Try to study every day at least 2 hours at evening

Youth Committee OshIMU

There are 1 department of OshIMU

University will also be closed for the following public holidays:

- 7 November: Day of the Great Socialist Revolution
- 1-2 January: New Year
- 7 January: Christmas
- 23 February: Fatherland Defender`s Day
- 8 March: International Women`s Day
- 21 March: National Holiday Nooruz
- 7 April: Day of the People`s April Revolution
- 1 May: International Labour Day
- 5 May: Constitution Day
- 9 May: Victory Day
- 31 August: Independence Day

English	Russian	Kyrgyz
DO YOU UNDERSTAND?	VY PONIMAETE?-	TUSHUNOSUZBU?
I'M HUNGRY	YA GOLODNYI	MENIN KURSAGYM ACHTY
I'M THURSTY	YA HOCHU PIT	MEN SUUSADIM
I FEEL COLD	YA ZAMERZ	MEN USHUDUM
I FEEL THICK	YA PLOHO SEBYA CHUVSTVUYU	MEN OZUMDU JAMAN SEZIP JATAM
I NEED HELP	MNE NUJNA POMOSH	MAGA JARDAM KEREK
WHAT TIME IS IT?	SKOLKO VREMENI?-	SAAT KANCHA BOLDU?
I NEED TO GO NOW	MNE PORA IDTI	MEN KETISHIM KEREK
EXCUSE ME	IZVINITE	KECHIRESIZ
I SPEAK RUSSIAN A LITTLE BIT	YA NEMNOGO GOVORYU PO RUSSKI	MEN BIR AZ ORUSCHA SUILOIM
WHERE CAN I BUY..?	GDE YA MOGU KUPIT..?	...KAISYL JERDEN ALSAM BOLOT?
THAT'S (TOO) EXPENSIVE	ETO OCHEN DOROGO	BUL AYABAI KYMBAT
I'LL TAKE THIS ONE	YA BERU ETO	MEN BUNU ALAM
I LIKE THIS ONE	MNE PONRAVILOS ETO	MAGA BUL JAKTY
I DON'T LIKE THIS	MNE ETO NE NRAVITSYA	MAGA BUL JAKPADY
CAN I EXCHANGE THIS?	YA MOGU OBMENYAT ETO?	MEN BUNU ALMASHTYRSAM BOLOBU?
THAT'S ALL THANKS	ETO VSE SPASIBO	BOLDU RAHMAT
WHERE CAN I GET A TAXI?	GDE YA MOGU VZYAT TAKSI?-	TAKSIGE KAISYL JERDEN CHYKSAM BOLOT?
THIS ADRESS,PLEASE	PO ETOMU ADRESU, POJALUISTA	USHUL ADRESKE ALYP BARASYZBY?

Our university day

TIMING	
08 : 00	First Class
09 : 40	Break
09 : 50	Second Class
11 : 30	Break
12 : 10	Third Class
13 : 50	Break
14 : 00	Fourth Class
15 : 40	Break

Late to Lesson

If you are late to class **without a reason that is acceptable to your teacher**, you will not be able to participate in class.

Rules of International Medical Faculty (IMF)

The university rules are there to help all members of our university community to be safe, happy and successful:

- Be polite and show courtesy – treat others as you would like to be treated
- Treat people with respect and consider others' feelings and needs as well as your own
- Do not cause distress or harm to others
- Do not use disrespectful language: teasing, swearing, threatening or use 'put downs'
- Wear your uniform correctly
- Look after your own property and the property of the university and others
- Put all litter in bins
- Walk quietly and calmly around the university

Useful phrases in Kyrgyz / Russian Languages

English	Russian	Kyrgyz
HELLO	PRIVET	SALAMATSYZBY?
WELCOME	DOBRO POJALOVAT	KOSH KELINIZ
HOW ARE YOU?	KAK DELA?	KANDAI SYN?
MY NAME IS...-	MENYA ZOVUT...	MENIN ATYM.....(Vicas)
CAN YOU HELP ME	NE MOGLI BY VY MNE POMOCH?	MAGA JARDAM BERE ALASYZBY?
WHAT IS YOUR NAME?	KAK VAS ZOVUT?	SIZDIN ATYNYZ KIM?
I'M LOOKING FOR...	YA ISHU...	MEN... IZDEP JATAM
HOW MUCH IS THIS?	SKOLKO ETO STOIT?	BAASY KANCHA?
SORRY	ZVINITE	KECHIRESIZ
PLEASE SPEAK MORE SLOWLY	GOVORITE POJALUISTA PO MEDLENNEE	JAI SUILONUZ
I DON'T UNDERSTAND	YA NE PONIMAYU	MEN TUSHUNBODUM
COULD YOU REPEAT THAT?	MOJETE POVTORIT?	KAITALAP KOIOSUZBU?
WHERE IS THE ...?	GDE NAHODITSYA...?	...KAISYL JERDE JAIGASKAN?
I'M LOST ,CAN YOU HELP ME?	MOJETE MNE POMOCH,YA POTERYALSYA?	MEN ADASHYP KALDYM.
CAN I ASK YOU A QUESTION?	MOJNO SPROSIT?	SURASAM BOLOBU?
COULD YOU WRITE IT DOWN ON PAPER?	MOJETE,NAPISAT ETO NA BUMAGE?	KAGAZGA JAZYP BERE ALASYZBY?
COULD YOU HELP ME?	MOJETE MNE POMOCH?	JARDAM BERE ALASYZBY?

DO NOT: stay in a room in the hat and outer clothing.

To support the immune system need to eat hot food and drink hot beverages (hot water, tea, milk, coffee).

DO NOT: drink cold drinks, eat ice cream, to abstain from food. It is dangerous to your health.

Spring. March, April, May - the spring months.

The snow begins to melt gradually, blooming trees, grass breaks. The air temperature rises by eight (10) to +22 (24) degrees Celsius.

The duration of the day is increased compared to the winter period of 3-4 hours.

In the spring of the people in Osh, dress in lightweight jackets (coats), Cap (beret), shirt (blouse), trousers (skirts), thin socks, shoes.

It is recommended to eat in a timely and diverse, eat more vegetables, dried fruits.

Summer. June, July, August - the summer months.

Summer - it's the hottest period in Kyrgyzstan. The air temperature is heated from +20 (22) +40 (42) degrees Celsius.

The duration of 14-16 hours of the day.

Conveniently will wear cotton (c / b) things and light shoes.

You receive a lot of fruits and vegetables. The main thing is not to overdo it with a cold. And be careful especially those who eat from the street: in the heat of the food spoils quickly.

Autumn. September, October, November - months of autumn.

The season of rains and winds. The temperature gradually begins to drop and ranges between 16 (18) and 6 (8) degrees Celsius.

The day lasts 10-12 hours.

Clothing for the fall time is about the same as for the spring: a light jacket (cloak), Cap (beret), shirt (blouse), trousers (skirts), thin socks, shoes.

In Osh, the autumn harvest, farmers markets and overwhelmed by the abundance of different fruits and vegetables.

Emergency numbers

101 - Fire

102 - Police

103 - Ambulance

104 - Emergency gas service

105 - Information service on long distance calls via telephone

109 - Information service

112 - Emergency Situations Ministry

Student's support Services

The Osh International Medical University is dedicated to support- ing and improving the quality of student life through:

- Addressing student concerns via Youth Committee (YC), providing a confidential connection to other staff and faculty offices
- Promoting student development by providing leadership opportunities, personal advising and conflict resolution
- Providing a safe haven for discussing confidential issues
- Medical Clinic OshSU
- Gynecologist — Guljamal Subanova, “Zaman” clinic +996555230519;
- Therapist—Samat Turdaliev OshSU clinic
- Dentist—Temirlan Seitov +996553333448
- Urologist—Shuhrat Mirzokulov +9965557715
- Psychologist—Akchach Joldosheva +996555076006
- Lawyer—Sapar Pataev +996773932505
- Women’s Consul—Jainagul Abdurasulova 0552251648

Osh IMU provides support for persons with disabilities

- Category 1 - 50% for a parentless, full-time college and undergraduate student;
- Category 2 - 15% for a fatherless and motherless high school student, full-time college and undergraduate student;
- Category 3 - 50% for a student with a Group I disability, a full-time college and undergraduate student, an undergraduate student, a graduate student, a resident, and a correspondence student;
- Category 4 - 25% for a student with a Group II or III disability, full-time college and undergraduate student;
- 5 Category - 3 or more siblings from the same family enrolled at OHSU in high school, undergraduate, full-time college; 50% of each or 50% of each (17% of each of 3 children, 4 12.5% For each child enrolled, etc. Δ.);
- 7 Category - up to 15% for a student who has a father or mother with a Group I disability, a full-time college student, and an undergraduate student;
- 8 Category - 50% for 1st, 2nd and 3rd places at Kyrgyz, Asian, World and World Student Championships among students who competed in the previous academic year. The 50 percent share of champions in group sports is divided equally among team members.

Kyrgyzstan – country of four seasons

Kyrgyzstan is one of the countries in which the year go through all four seasons. The distinctive features of the seasons are: changes in air temperature, the duration of the day, the style of clothing, food.

December, January and February are considered the winter months.

The temperature can range from 10 (12) -30 (-32) degrees Celsius.

The duration of the day is about 6-8 hours.

Clothes recommended for the winter period:



Warm hat



Warm jacket /coat



Boots



Socks (thin, wool)

Guidelines for Good Behavior

Traveling to and from university

- Treat pedestrians, road users and bus passengers with respect
- Wear formal dress when coming to and from university.

Expected behavior in university

- Wear formal in university at all times (including break and lunchtime).
- Act with courtesy and consideration towards others.
- Keep the site tidy and put all litter in waste bins.
- Leave classrooms tidy and ready for the next class.
- Respect the whole environment (including displays, notice boards) and walk on the paths. Keep 'within bounds' at all times (see Year Notice Boards).

Moving around university

- Be on time for all classes.
- Move sensibly, quietly and swiftly around the university. (Keep to the left on stairs and in corridors and follow the one way system within teaching areas).
- No eating or drinking in between classes.
- Use the toilets during breaks and lunchtime (only in exceptional circumstances are you allowed to use the toilet during classes, at which times planners must be signed).

Finally

Teachers are in the position of guardians while you are in university. They will do their best to help and support you.

- There is no excuse for bad language, rudeness or disrespect towards staff.
- Any reasonable request from a member of staff should be carried out at once and without argument **and**
Please remember that:
 - International Medical Faculty is a 'No Smoking' and 'No Alcohol Drinking' site
 - Chewing gum and glass bottles are not permitted on the premises.

Academical Support

All your questions, suggestions and ideas related to educational activities, you can contact the Department of Education of the Youth Committee or with the Deputy Deans for Academic Affairs.

Sport Activities

If you are interested in some kind of sport or want to play in the team of our faculty, you can contact the guys from the sports department or the deputy dean for social work

Cultural Programs

You are talented, you know how to sing, dance, paint or just a creative person, then contact the guys from the department of cultural events. We have a lot of contests, festivals and other events where you can showcase your talents.